

Reducing Parental Conflict (not appropriate if current or recent DA)

- [Healthy Relationships Programme- 5 weeks for couples in a relationship, 3 weeks for separated parents](#)
- [Digital animation workshop](#)
- [One plus One digital offer- Me you and baby too, Arguing Better, Getting it right for children, separating parents.](#)

Domestic Abuse

- WISH- adults and children
- Humraaz for BAME community
- [Caring Dads- \(CIN and above\)](#)

Positive activities

- Blackburn Youth Zone
 - Blackburn Rovers
- Targeted Youth support (CAF and above)
- TYS Nurture provision (CAF and above)

Parenting support

- [Pre birth- 2 HENRY offer](#)
- [Triple P for baby group and online](#)
- [Incredible Babies 0-12 months](#)
 - [HENRY 0-5 AND 5-11](#)
 - [Fussy Eaters workshop](#)
 - [Eat well for less workshop](#)
- [Parenting link workers for 0-2 year olds \(speak to Laura M\)](#)

Young People

- Engage
- Mental health and wellbeing co-ordinators
 - Kooth
 - Nightsafe
 - Princes Trust
 - Young Carers
 - Lancashire Mind
- Community action
 - Brook
- Blackburn Youth Zone
 - ELCAS
- Blackburn Rovers Community Trust
- CAMHS



Family Hub

Darwen | Little Harwood | Livesey | Shadsworth



Early Help Services in BWD

All professionals have access to;

A named Team Leader – providing advice, guidance, a listening ear about early help issues, School Readiness, community provision – with the locality team sharing regular updates and knowledge- **Leonie Watson and Georgina Brydges**

Named CAF link Worker -support with their existing CAFS, initiating new CAFS, training, access to Lead Professional Network meetings, Peer support and EHM support- **Hazel Dean and Sonya Rustidge**



Mental Health and Wellbeing

- Kooth
- Minds Matters
- Lancashire Mind
- [Lotus drop ins](#)
 - Brook
- Lancashire Women

Early Years Development

- [PEEP Communication Language Programme \(previously Chatter Chums\)](#)
 - [SEND](#)
- [Portage home visits](#)
- [Portage Group](#)
- [Little treasures – for children with complex needs and neurological disorders.](#)
- [Breastfeeding support](#)

Perinatal mental health

- [BWD PIMH Lead- Lara McNally](#)
- [Baby loss support group](#)
- [Talking therapies- Lancashire Women](#)
- [Triple P for Baby](#)
- [Incredible Years Baby](#)
- [Midwifery and health visiting teams](#)

SEND

- [Early Years SEND Team](#)
 - Kaleidoscope
 - Youth Zone
- [Local Offer website](#)
- Spring North
- ADHD North West

TLP LINK-

<https://dcrsinterface.azurewebsites.net>