## St Thomas's Centre Prince's Trust Achieve Programme Long Term Plan 2021 - 2023



	Autumn Term	Spring Term		Summer Term
Year 10	PERSONAL, SOCIAL DEVELOPMENT  Planning for Personal Development  3 credits - 27 hours  Teamwork  3 credits - 30 hours	LIFE SKILLS  Preparing for a  Healthy Lifestyle  3 credits  30 hours	PERSONAL, SOCIAL DEVELOPMENT Personal Project 3 credits 30 hours	PERSONAL, SOCIAL DEVELOPMENT  Participating in Exercise 3 credits - 30 hours
Year 11	PREPARATION FOR WORK  Career Planning 3 credits - 30 hours	PREPARATION FOR WORK  Practising Leadership Skills  3 credits - 27 hours  ACTIVE CITIZENSHIP  Community Project  6 credits - 60 hours		ACTIVE CITIZENSHIP  Community Project 6 credits - 60 hours

Credit that could gained elsewhere:

LIFE SKILLS	PREPARATION FOR WORK	LIFE SKILLS	PERSONAL, SOCIAL DEVELOPMENT	PREPARATION FOR WORK
<b>Digital Skills</b> 3 credits - 30 hours	Presentation Skills 3 credits - 30 hours	Managing Money 3 credits - 30 hours	Personal Project 6 credits - 60 hours	Work Experience 6 credits - 60 hours
ICT Autumn 1	ICT Summer 1	PSHE		